

# Weekly Volunteering **Hot List**

Week Beginning 18/03/2019

Urgent and new volunteer requests.

## **Family Events Volunteer**

[RSPB Scotland](#)

We are holding a family nature day in Holyrood Park with Historic Environment Scotland on Saturday 13th April and we are looking for friendly enthusiastic volunteers to run a range of activities and help visitors get the most out of their Wild Day Out! There are multiple activities on offer and we will try to match you up with those that suit your preferences.

Contact: Christina Skounti 0131 317 4125

[christina.skounti@rspb.org.uk](mailto:christina.skounti@rspb.org.uk)

## **Shop Assistant**

[Sue Ryder Shop - Seafield Road](#)

General Volunteers are essential for supporting the smooth running of our shop. From serving at the till, to putting out stock, helping our customers with queries and what they are looking for and collecting as much gift aid from purchases as possible.

Contact: Angela Brown 0131 454 3653

[seafieldroad7138@suerydercare.org](mailto:seafieldroad7138@suerydercare.org)

## **Retail Volunteer**

[Bethany Christian Trust \(Head Office\)](#)

1 mission, 6 shops, 1000's of donations. Our shops need you! Retail volunteers are the backbone of our shops. A day can include sorting donations, operating the till or pricing stock- but every day, and every shop, is different! Each volunteer brings their own skills, experience and character to a role.

Contact: Edith Bovo 0131 561 8965

[volunteers@bethanychristiantrust.com](mailto:volunteers@bethanychristiantrust.com)

## **Cooking Assistant**

[Edinburgh Community Food](#)

Assist with delivering the cooking session and food preparation, talk and listen to service users.

Contact: Karen Miller 0131 467 7326

[kmiller@edinburghcommunityfood.org.uk](mailto:kmiller@edinburghcommunityfood.org.uk)

## **Activity Sessions Volunteer**

[Pilmey Youth Centre](#)

Being part of a team with 3 or 4 experienced session youth workers, facilitating activities and provision for children and young people. Light sports activity – Music Room – TV lounge and kitchen supervision.

Contact: Bryan Maughan 0131 554 0953

[bryan@pilmey.co.uk](mailto:bryan@pilmey.co.uk)

## **Supporting Families in Crisis**

[Safe Families for Children Scotland](#)

Once approved volunteers can look after a child who has been referred to us and invest time with them by taking them out for a few hours to do fun activities. If they have a spare room they may be able to host them overnight. Others meet up with parents or carers and go to the shops, go out for a walk or help with paperwork but above all else take time to be a listen and support. Resource Friends may do some painting, joinery, gardening or anything practical that helps out.

Contact: Donald MacMillan 0131 603 8430

[scotland@safefamiliesforchildren.com](mailto:scotland@safefamiliesforchildren.com)

# Weekly Volunteering **Hot List**

Week Beginning 18/03/2019

Urgent and new volunteer requests.

## Website Review and Update

[Scottish Older People's Assembly](#)

We want to involve our members in the review and redesign of the website and its contents so the first stage of the work will be to work with a small group of older people to do this. You will work with the group to develop a plan for the refreshed website which you will then create. We would like the work to be done over the next 2-3 months if possible.

Contact: Caroline Clark 0131 357 1277

[caroline@scotopa.org.uk](mailto:caroline@scotopa.org.uk)

## Drop In Support Volunteer

[Health Opportunities Team](#)

We are looking for Volunteers who are able to engage with young people (aged 12-25 years old) and support delivery of our 3 Health Drop Ins. A Health Drop In is a free and confidential service where young people can access advice, support and information on all health issues including sexual health.

Contact: Caroline Fraser 0131 468 4600

[caroline@health-opportunities.org.uk](mailto:caroline@health-opportunities.org.uk)

## Family Support Volunteer

[Home-Start Edinburgh West and South West](#)

If you're a parent, carer or maybe a grandparent, you know just how tough family life can be sometimes. Could you use your experience to help others? If so we'd love to hear from you.

Contact: Heather Oakden 07833 477 818

[coord@hsew.org.uk](mailto:coord@hsew.org.uk)

## Patient Examination Volunteer

[University of Edinburgh \(Edinburgh\)](#)

Clinical examinations which are undertaken by undergraduate and postgraduate doctors require volunteer patients with clear physical signs who are willing to give up some time to help us out in the exams.

Contact: Kirsty Egan 0131 242 6535

[lothian.epps@nhs.net](mailto:lothian.epps@nhs.net)

## Family Events Volunteer

[RSPB Scotland](#)

This will be a great opportunity to gain valuable skills in outdoor education, people engagement and experience working with children and families. You will also get to work alongside our friendly and dedicated education, families and membership teams.

Contact: Christina Skounti 0131 317 4100

[christina.skounti@rspb.org.uk](mailto:christina.skounti@rspb.org.uk)

## Volunteer Buddy

[Volunteer Edinburgh - Health and Wellbeing](#)

We are looking for buddies to be matched with potential volunteers who need some support because of a disability, mental health issue or other barrier. You might accompany them to meet the organisation, volunteer alongside them and continue to support them through meetings, phone calls, emails etc.

Contact: Nick Woodhead 0131 561 8304

[nick.woodhead@volunteeredinburgh.org.uk](mailto:nick.woodhead@volunteeredinburgh.org.uk)

Thinking about volunteering? Concerned that your health, disability or past offences may be a barrier? Considering helping a client into volunteering but not

Volunteer Edinburgh



## Weekly Volunteering **Hot List**

**Week Beginning 18/03/2019**

Urgent and new volunteer requests.

sure how to go about it? If you have answered yes to any of these questions then why not contact Sarah from our Health and Wellbeing Team.

Sarah Cleary - Health and Wellbeing Services Manager

Tel: 0131 561 8307 Email: [sarah.cleary@volunteeredinburgh.org.uk](mailto:sarah.cleary@volunteeredinburgh.org.uk)



**volunteer  
edinburgh**

222 Leith Walk | Edinburgh | EH6 5EQ

0131 225 0630 | [volunteeredinburgh.org.uk](http://volunteeredinburgh.org.uk)

Follow us on [Twitter](#), Join us on [Facebook](#), and Watch Us on [YouTube](#)