



Telephone Befriender

Reference code: VO16915

Isolation and loneliness are on the rise especially with older people in the community. We are looking for kind and empathetic people to help befriend an Older Person. Could you help by just having a telephone conversation with someone, once a week? You are matched with an Older Person to have about a 30 mins. - 1 hour chat with someone once weekly or once fortnightly depending on availability. This role is perfect for fitting around your schedule and lifestyle. We know a good chat can mean the world.

About Re-engage

Re-engage exists to support older people who live alone and find it hard to get out in normal times. The Covid-19 crisis is particularly devastating for these people and many are feeling incredibly vulnerable, especially those with few family members or friends to talk to. In response to the crisis we've suspended our regular social gatherings and, with the help of our dedicated volunteers, have set up a UK-wide call companions service. Older people who are feeling alone can receive a regular friendly phone call throughout the crisis and beyond, for as long as they want it. No one should have to face this crisis alone. We won't leave anyone behind.

Experience Required

No experience required. This would be well suited for those who are caring and empathetic and can work alongside Older People over the age of 75 years old.

Training Details

Full remote training provided including PVG check and safeguarding, completed at your own pace. In your role you are also supported by our Support team for any questions or queries you have.

Location/Travel Details

Home Based volunteering.

Expenses

No expenses.

Work Type

Befriending / Mentoring

Cause

Elderly

Flexibility & Commitment

Home-Based Volunteering;Flexible

1 hour per week / fortnightly.

Available Times

| | mon | tue | wed | thu | fri | sat | sun |
|-----|-----|-----|-----|-----|-----|-----|-----|
| am | ● | ● | ● | ● | ● | ● | ● |
| pm | ● | ● | ● | ● | ● | ● | ● |
| eve | ● | ● | ● | ● | ● | ● | ● |

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