



Group Facilitator (in person and online)

Reference code: VO15583

The main tasks are: Set-up and take down of the room (for in person group), Zoom admin (for online groups), taking a register of attendees, facilitating the group discussion, providing emotional support for attendees, signposting to relevant services, writing a post-group feedback form. The groups currently run online on weekday evenings, but we are looking to launch in person groups too. Training for the role is on 23/09 6-7.30pm and 30/09 5.30-7.30pm.

About SupportED The Linda Tremble Foundation

SupportED is a community eating disorder charity. Our aim is to support people affected by eating disorders by providing needs led peer support and information to reduce impact and improve quality of life. We provide 2 volunteer led services , Group Support and Telephone Befriending

Experience Required

Volunteers need to be good listeners and able to offer support and encouragement in a non-judgemental manner. A good knowledge and understanding of the needs of people with mental health issues, particularly eating disorders would be advantageous.

Training Details

Training for the role is on 23/09 6-7.30pm and 30/09 5.30-7.30pm. After completed training you will go on to do a few shadow shifts on the groups before facilitating a group.

Location/Travel Details

It is anticipated that the volunteering post will do some groups online, some near postcode EH10 5HF (venue and location TBC). There will be other in-person opportunities in Scotland's central belt as we return to in person groups.

Expenses

Via expenses claim form, expenses to be paid to bank account

Accessibility Details

- Happy to have a conversation about volunteer's needs

Work Type

Advice / Information giving

Cause

Mental Health

Flexibility & Commitment

Flexible;Ad hoc

Facilitation of at least one group per month for 1 year duration

Available Times

	mon	tue	wed	thu	fri	sat	sun
am							
pm							
eve	●	●	●				

Contact Details

supportedscotland.org

Email: volunteers@supportedscotland.org