



Befriending & Mentoring

Reference code: VO12795

You will be matched with a child/young person (4 to 16 years) who has additional support needs e.g. Learning Disability, Autism, ADHD, Asperger's or their siblings. Spending regular 1:1 time with you, weekly for 3 or 4 hours, they will become more confident and have fun in the process. You will develop a positive and trusting relationship with the child you are matched with, encouraging and enabling them to go to places and try new things that interest them with you.

About Firsthand Lothian

We work holistically, providing tailored 1:1 support, to meet the needs of both children and parent/carers families across Edinburgh. There are 2 Volunteering roles, one involves helping children and the other helping isolated parent / carers. Volunteers are matched 1:1 with children, meeting weekly and doing activities with them in their local community that are fun and build their confidence and social skills. Volunteers can also become a "Buddy" to an isolated parent / carer – spending 1:1 time with them once a week, exploring and engaging in local activities etc

Experience Required

Must be good listener with an ability to build positive and equal relationships with children and young people. They must be reliable, punctual and patient and have a real desire to enable children and young people develop new skills and confidence. An ability to use their own initiative.

Training Details

Induction training is delivered to small groups over 2 x 3.5 hr. sessions at days and times that best suit the group.

Location/Travel Details

Across Edinburgh in the local community and at venues where activity that young person wants to to participate/become involved.

Expenses

Travel expenses and any expenses incurred when spending time with the child/ young person, providing it has been agreed in advance, are paid on receipt of expenses claim and receipts.

Accessibility Details

- Named Contact For Volunteer

Work Type

Befriending / Mentoring

Cause

Children

Flexibility & Commitment

School Holidays;Term Time

3-4 hours weekly on Friday afternoon, Saturday or Sunday for a minimum of 6 months to help a child to achieve their goals.

Available Times

	mon	tue	wed	thu	fri	sat	sun
am						●	●
pm					●	●	●
eve					●	●	●

Contact Details

Tel: 0131 523 1321

<http://www.firsthand-lothian.org.uk/>

Email: info@firsthand-lothian.org.uk