



Befriender (Adults and Elderly)

Reference code: VO15116

The COVID-19 crisis is difficult for us all but people with caring responsibilities (unpaid carers) are under even more pressure and stress. Reduced/closed services mean that many carers have no choice but to care round the clock for loved ones without any hope of break. Once the support is restored, many carers will feel burnt out and physically and emotionally tired. We hope that this is where you can step in. As a volunteer you will be spending 1:1 time with the person to give their carer a break

About City of Edinburgh Council - Health & Social Care Department

The City of Edinburgh Social Work Department aims to provide good quality services to people in Edinburgh to protect people from abuse, neglect, accident & self harm. We arrange and provide services for people in their own homes, in day centres, in family care & residential homes. We encourage voluntary organisations & self help groups whose work helps us to achieve our aims and to tell the citizens of Edinburgh, the local Council and central government about groups and minorities whose needs are being neglected, to try and promote their welfare.

Experience Required

Reliable and are able to make this commitment Interested in other people ,listening to their stories and sharing your own experiences Sense of humour Confident in being with the person on your own (at their home or out and about)

Training Details

We offer induction training and relevant ongoing training Every volunteer is required to complete PVG check - we carry out this check and pay for it

Location/Travel Details

We are a city wide project so we have opportunities across the city. We try to match volunteers with the person who lives within walking distance or short journey by bus/car

Expenses

We are very flexible with the expenses. You can claim these as often as you wish to We are also able to issue you with a day ticket in advance

Work Type

Befriending / Mentoring

Cause

Carers

Minimum Age

18 and under

Flexibility & Commitment

Flexible

2h per week or every fortnight but we also have befriending roles that are more flexible and less time demanding. We ask people to commit to this role for 6 months

Available Times

	mon	tue	wed	thu	fri	sat	sun
am	●	●	●	●	●		
pm	●	●	●	●	●		
eve							

Contact Details

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