



---

# Care To Chat Volunteer

Reference code: VO13342

---

Care to Chat is a befriending service for unpaid carers at Eric Liddell Community. The service aims to remove or lessen isolation that unpaid carers and care partners may experience as a result of their caring role. We welcome volunteer befrienders from all walks of life who are willing to spend time listening to, encouraging and supporting a carer. Befrienders support carers to become more engaged with the community or simply to have a break from caring for a little while. Some carers like to get out and about and attend activities of interest whereas others need a friendly voice on the telephone or via Zoom.

## About The Eric Liddell Community

The Eric Liddell Community, situated at Holy Corner in Edinburgh, provides a registered day care service for people with a diagnosis of dementia and a programme for carers including a befriending service and short breaks through a range of courses and events held throughout the city. The Centre also offers excellent office accommodation for small charities or organisations and quality meeting facilities for a range of educational, health, arts & culture, charitable, community and children's groups in its conveniently located premises at the heart of the community.

## Experience Required

Empathy; listening skills; non-judgmental; reliability and commitment; willingness to be flexible.

## Training Details

All volunteers will go through an induction process, receiving ongoing support throughout their volunteering, with additional optional training including first aid and mental health awareness.

## Location/Travel Details

Eric Liddell Centre, 15 Morningside Road, Edinburgh EH10 4DP.

## Expenses

Travel costs and refreshments; paid as claims are submitted.

## Accessibility Details

- Named Contact For Volunteer
- Wheelchair Access/Disabled Access Toilet

## Work Type

Befriending / Mentoring

## Cause

Carers

## Flexibility & Commitment

School Holidays; Term Time

Minimum commitment of a year; up to two hours per week

## Available Times

	mon	tue	wed	thu	fri	sat	sun
am	●	●	●	●	●	●	●
pm	●	●	●	●	●	●	●
eve	●	●	●	●	●	●	●

---

## Contact Details

15 Morningside Road

Edinburgh

EH10 4DP

Tel: 0131 447 4520

[www.ericliddell.org](http://www.ericliddell.org)

Email: [hh@ericliddell.org](mailto:hh@ericliddell.org)