



Befriender

Reference code: VO15452

As a befriender you will build a relationship with a child or a young person who is affected by HIV and/or Hepatitis C. You will meet fortnightly for 3-5 hours to spend one-on-one time together. Together you will come up with fun activities you can do during the befriending sessions, such as visiting art galleries or kayaking. You will usually also share a meal together. Our Children's Services require a minimum commitment of 1 year. Please state if you are interested in attending an info session on 12/13th January.

About Positive Help

Positive Help offers practical help to people affected by HIV and/or Hepatitis C in Edinburgh and the Lothians. The four core services are delivered by a team of trained volunteers. The services provided include: Befriending for children and young people; Home Support (cleaning, de-cluttering, DIY, gardening, and other domestic tasks); a free Transport service, which helps people to get to and from medical appointments as well as support groups or local supermarkets; and Study Buddies, a homework mentoring service for children.

Experience Required

Many of the children and young people we support have undergone adverse childhood experiences that continue to negatively impact their wellbeing, development, and behaviour. You need to be kind and patient, and see yourself as a positive role model for children and young people affected by HIV and/or Hep C.

Training Details

4-5 weeks of initial training (around 4 hours per week) One-on-one support meetings every six months (1 hour) Ongoing training and group supervision/peer support (flexible) All these will enable you to fulfil the role with confidence!

Location/Travel Details

You will be meeting your Befriender at their home and together you will visit different places and activities all around Edinburgh.

Expenses

After each session the volunteers will complete a feedback and expenses form. They will then be reimbursed within a week of submitting the form to the volunteer coordinator.

Accessibility Details

- Happy to have a conversation about volunteer's needs

Work Type

Befriending / Mentoring

Cause

Children

Flexibility & Commitment

Ad hoc

4 hours fortnightly for 1 year

Available Times

	mon	tue	wed	thu	fri	sat	sun
am						●	●
pm						●	●
eve						●	●

Contact Details

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