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# Advocacy – Eating Disorders

Reference code: VO13945

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This role involves using your own lived experiences of eating disorders in a positive way to raise awareness, fight against stigma and campaign for change. Working as a team, 'Seen but not Heard' eating disorders collective advocacy have developed training around eating disorders, two films, awareness events, attended conferences, responded to/developed consultations and have produced leaflets and resource packs.

## About CAPS Independent Advocacy

CAPS is an independent advocacy organisation for people who use or have used mental health services. We are completely independent from the people who fund us and those who provide other services to the people we work with. We provide individual and collective advocacy in East Lothian and Midlothian. We also host several experience-led projects across Lothian.

## Experience Required

You will need lived experience of living with an eating disorder and be willing to draw on experiences to work as part of a collective advocacy group. Meetings take place every 4 to 6 weeks to suit participants availability.

## Training Details

CAPS have a dedicated volunteer co-ordinator to provide training and mentoring for volunteers.

## Location/Travel Details

Various locations around Edinburgh and the Lothians (currently meetings are online via Zoom)

## Expenses

Travel expenses provided.

## Accessibility Details

- Wheelchair Access/Disabled Access Toilet

## Work Type

Advocacy / Human Rights

## Cause

Human / Civil rights/ Justice

## Flexibility & Commitment

School Holidays;Term Time

Around 3 hours a month, flexible.

## Available Times

	mon	tue	wed	thu	fri	sat	sun
am	●	●	●	●	●		
pm	●	●	●	●	●		
eve							

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## Contact Details

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