

Volunteering Opportunities for 16 and Under 2012



Like helping & caring?



Passionate about sport?



Want to get involved in your local community?



Like arts & crafts?



Care about the environment?



Feel strongly about a cause?

VOLUNTEER CENTRE EDINBURGH
45 Queensferry Street Lane Edinburgh EH2 4PF
Tel: 0131 225 0630 Fax: 0131 225 0631
E-mail: accelerate@volunteeredinburgh.org.uk
Web: volunteeredinburgh.org.uk

The following booklet contains details of organisations that work with volunteers aged 16 and under and should be used as a starting point by young people looking for a volunteering opportunity. Please note that this is not an absolute list and additional opportunities that arise might be found on the Volunteer Centre website.

If you would like any further information on youth volunteering opportunities please do not hesitate to contact the Volunteer Centre youth team:

accelerate@volunteeredinburgh.org.uk

0131 2250630

Alternatively why not come along to our youth drop in and find out more.

Youth Drop in 2-4pm every Friday
45 Queensferry Street Lane Edinburgh

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Animal Opportunities

Canine Concern Scotland

Canine Concern Scotland promotes responsible dog ownership in Scotland. As a volunteer you would visit schools, give talks and provide useful literature on dog care. The volunteers also run a service known as "Therapet" where dogs are taken into sheltered housing, residential accommodation or long-stay geriatric wards in order to help calm patients and aid recovery. Volunteers are expected to provide their own well socialised dog and be willing to make a long term commitment of 12 months. Volunteers must also have been a dog owner for at least 6 months.

Minimum age 16

Contact details:

Douglas Ruthven

Canine Concern Scotland Trust, 5 Frogston Grove

Edinburgh, EH10 7AG

0131 445 3678

douglasruthven@blueyonder.co.uk

www.canineconcernscotland.org.uk

Gorgie City Farm

Gorgie City Farm has been visited by several generations of visitors. Tucked away from the busy traffic on Gorgie Road, the farm has various animals and gardens which are looked after by a hard working team of volunteers. There is a Sunday afternoon gardening group and a youth farm rota for looking after the larger animals at weekends and holidays. There are also opportunities at the Pet Lodge, assisting with cuddle corner. At cuddle corner members of the public get a chance to touch some of the smaller animals. School leavers aged 16 can also apply for weekday slots working with the larger animals as well as weekday gardening slots.

Minimum age 13

Contact details:

Roz Angus

Gorgie City Farm, 51 Gorgie Road

Edinburgh, EH11 2LA

0131 227 4202

The Gardening Project: garden@gorgiecityfarm.org.uk

The Pet Lodge: petlodge@gorgiecityfarm.org.uk

Working with larger animals: volunteering@gorgiecityfarm.org.uk

Drum Riding School for the Disabled

The Drum Riding School for the Disabled is run and managed by volunteers. They are always looking for reliable people who can help and inspire the disabled people that attend the riding school. The duties with the ponies include leading the ponies around the estate, or walking alongside the ponies and the disabled riders. Other opportunities are available; such as assisting with the secretarial tasks in the office, or helping with the maintenance of the riding school.

Minimum age 14 for secretarial or maintenance tasks, 16 for working with ponies.

Contact details:

Ena Gaffney

The Drum Riding School for the Disabled, 153 Drum Street

Edinburgh, EH17 8RX

0131 664 5803

drumrda@hotmail.co.uk

www.drumrda.org.uk

Caring Opportunities

Chest, Heart & Stroke Scotland

Chest, Heart and Stroke Scotland is an independent medical charity which aims to improve the quality of life for people in Scotland affected by chest, heart and stroke illness. You can contribute towards their goal by helping assist in a stroke group meeting. Volunteers would help set up the room, prepare refreshments and help seat members of the group on their arrival. Full training will be given.

Minimum age 14

Contact details:

Paul J Okroj

Chest Heart & Stroke Scotland, Rosebery House, Third Floor

9 Haymarket Terrace

Edinburgh, EH12 5EZ

0131 225 6963

paul.okroj@chss.org.uk

www.chss.org.uk

Crossreach Post Natal Depression Services

Postnatal depression affects 1 in 6 mothers and 1 in 10 fathers and without help it can have long term consequences for the whole family. Crossreach Post Natal Depression Services provide support and counselling to parents who are suffering from Post Natal Depression. A crèche is run by volunteers for infants and young children up to the age of 5, which allows the parents to receive their counselling. Becoming a volunteer in the crèche is an opportunity to learn and develop new skills. These skills could lead into child care as an occupation. Crossreach Post Natal Depression Services expect a long term commitment of their volunteers of at least 6 months. During this period a volunteer would give at least a couple of hours a week in the crèche.

Minimum age 16

Contact details:

Sandra Wilson

Crossreach Post Natal Depression Services, Wallace House

3 Boswall Road

Edinburgh, EH5 3RJ

0131 538 7288

pnd@crossreach.org.uk

www.crossreach.org.uk

Lothian Autistic Society

Lothian Autistic Society is committed to making a positive difference in the lives of children and young people with autism, a specific developmental disability. The Lothian Autistic Society supports families and carers by providing accessible high quality autism-specific support services in Edinburgh and the Lothians. There are opportunities to help with the autism play scheme which runs over the school holidays, while other placements are available all year round. Volunteers are advised that it may take some time to process your application, so please apply well in advance.

Minimum age 16

Contact details:

Nicola Latham

Lothian Autistic Society, Unit 22, Castlebrae Business Centre

40 Peffer Place

Edinburgh, EH16 4BB

0131 661 3834

c.kelly@lothianautistic.org

www.lothianautistic.org

Catering Opportunities

The Broomhouse Cafe Project

The Broomhouse Cafe Project provides training for: the unemployed, prisoners, adults with learning difficulties, students and young people so that they can help run the Cafe and use this experience in future jobs. The Cafe Training Project provides low cost, healthy meals to groups at the Broomhouse centre and to local people. As a cafe assistant you would receive training in food hygiene so that you could help prepare food. You would also learn how to operate the cash register and perform basic cleaning tasks.

Minimum age 14

Contact details:

Alex Baxter

78-89 Broomhouse Crescent

Edinburgh, EH11 3RH

0131 455 7731

cafeproject@broomhousecentre.org.uk

Charity Shop/Retail Opportunities

British Heart Foundation

The aim of the British Heart Foundation is to play a leading role in the fight against heart disease. This can be achieved through research, education, care, funding medical research, providing support and information and also providing life saving equipment for hospitals and funding the British Heart Foundation nurses.

Please check with your local store for retail and stock room vacancies.

Minimum age 15

Contact details:

Shandwick Place Shop

Hannah McLean

British Heart Foundation, 85 Shandwick Place

Edinburgh, EH2 4SG

0131 229 7998

Nicholson Street Shop

Anna Barker

British Heart Foundation, 102 Nicholson Street

Edinburgh, EH8 9EJ

0131 667 7448

Dalry Road Shop
Steve Pickett
British Heart Foundation, 106A Dalry Road
Edinburgh, EH11 2DW
0131 313 5293

Westside Plaza Charity Shop (Wester Hailes)
Debbie Riach
British Heart Foundation, Unit 34
Westside Plaza Shopping Centre
Edinburgh, EH14 2SW
0131 442 3200

Great Junction Street Shop (Leith)
Alison Cruden
British Heart Foundation, 23-29 Great Junction Street
Edinburgh, EH6 5HX
0131 555 4861

www.bhf.org.uk

Cancer Research UK

Cancer Research UK's main aim is to maximise income and awareness for cancer research. A large part of their fundraising exercise is achieved through the selling of retail products to local communities through their charity shops. Volunteers can take part in sorting through stock which has been donated by members of the public, assisting customer enquiries in the shop and operating the till register. A large part of the funding for these projects comes from the British Heart Foundation shops, which you could volunteer in.

Please check with local stores for retail and stock room vacancies in your area.

Minimum age 14

Contact details
Corstorphine Cancer Research Shop
Samantha Campenello
Cancer Research UK, 9/10 Ormiston Terrace
Edinburgh, EH12 7SJ
0131 334 3580

Clerk Street Cancer Research Shop
Katie Koehler
Cancer Research UK, 11 South Clerk Street
Edinburgh, EH8 9JD
0131 667 1284

Tollcross Cancer Research Shop
David Thomson
Cancer Research UK, 50 Home Street
Edinburgh, EH3 9NA
0131 229 6252

Stockbridge Cancer Research Shop
Gary Lennon
Cancer Research UK, 30a Raeburn Place
Edinburgh, EH4 1HN
0131 343 6343

www.cancerresearchuk.org

Capability Scotland

Capability Scotland is the leading Scottish disability organisation and has nearly 60 years experience of providing services to disabled people of all ages in Scotland. Without volunteers, it would be impossible for us to continue providing our life changing services for children and adults across Scotland.

Please check with local stores for retail and stock room vacancies.

Minimum age 14

Contact details:

Suzanne O'Hara

Volunteer Co-ordinator, ASCS - Advice Service Capability Scotland,
Capability Scotland - Head Office, Westerlea, 11 Ellersly Road, Edinburgh,
EH12 6HY

0131 347 1054

suzanne.ohara@capability-scotland.org.uk

capability-scotland.org.uk

Chest Heart and Stroke Scotland Shops

Chest, Heart and Stroke Scotland is an independent medical charity which aims to improve the quality of life for people in Scotland affected by chest, heart and stroke illness.

Please check with local stores for retail and stock room vacancies.

Minimum age 14

Contact details:

Easter Road Shop

Caroline Raeburn, Shop Manager, 12 Easter Road
Edinburgh, EH7 H5G

0131 661 7730

Newington Road Shop
Michelle Allan, Shop Manager, 76 Newington Road
Edinburgh, EH9 1QN
0131 667 1901

Portobello Shop
Anne Limond, Shop Manager, 113 Portobello High Street, Edinburgh, EH15
1AR
0131 657 5204

www.chss.org.uk

Hospice of Hope Romania

Hospice of Hope Romania aims to improve quality of life for terminally ill children and adults and their families in Romania and other countries in the region through increased access to specialist care and training.

Please check with local stores for retail and stock room vacancies.

Minimum age 16

Contact details:

Gorgie Shop
Lynsey Mitchell, Shop Manager, 260 Gorgie Road, Edinburgh, EH11 2PP,
0131 337 1708

gorgie@hospicesofhope.co.uk

Stockbridge Shop
Krystal Ritch, Shop Manager, 5 Deanhaugh Street, Edinburgh, EH4 1LU,
0131 332 8625

stockbridge@hospicesofhope.co.uk

Tollcross Shop
Suzanne Ferguson, Shop Manager, 62 Home Street, Edinburgh, EH3 9NA,
0131 229 9696

suzanne@hospicesofhope.co.uk

Oxfam Shops

Oxfam is an international confederation of 15 organisations working worldwide to overcome poverty and injustice around the world. Oxfam Scotland is part of Oxfam GB which has offices in over 70 countries and in 8 regions. Oxfam GB works with the 14 other Oxfam regions, which form Oxfam International. Oxfam Scotland runs campaigning, development education, anti-poverty and trading programmes in Scotland with distinct media and policy components. Working in the

Please check with local stores for retail and stock room vacancies.

Minimum age 14

Contact details:
Nicolson Street Shop
Sharon Fraser
116 & 120 Nicolson Street
Edinburgh, EH8 9EJ
0131 662 4498

Stockbridge Music Shop
Jamie Morrison
64 Raeburn Place
Edinburgh, EH4 1HU
0131 332 7593

Stockbridge Book Shop
Scott Flockhart
25 Raeburn Place
Edinburgh, EH4 1HU
0131 446 9169

Morningside Shop
Jean Wood
204-206 Morningside Road
Edinburgh, EH10 4QQ
0131 447 8454

www.oxfam.org.uk

PDSA shops

PDSA is the UK's leading Veterinary charity, treating over 4,650 sick and injured animals daily. The services run by PDSA are run by the hard-working vets and nurses at our PetAid hospitals which are funded entirely by public support. The volunteers in their charity shops help generate this revenue. Please check with local stores for retail and stock room vacancies.

Minimum age 14

Contact details:
Nicholson Street Shop
Fiona Lawrie
85 Nicholson Street
Edinburgh, EH8 9BZ
0131 667 3582

Royal Mile Shop
Denise Buchanan
115 High Street
Edinburgh, EH1 1EH
0131 556 1575

Shelter Shop

Shelter believes everyone should have a home. They help thousands fight for their rights, get back on their feet, and find and keep a home. They also tackle the root causes of bad housing by campaigning for new laws, policies and solutions. Volunteers at Shelter have the chance to learn all about vintage clothes, second hand books and brick a brick in a fun, fresh and friendly environment. Please check with local stores for retail and stock room vacancies.

Minimum age 14

Contact details:

Forrest Road Shop
Alison Granham
39 Forrest Road
Edinburgh, EH1 2QP
0131 220 4386

Morningside Shop
Paul Knowles
104 Morningside Road
Edinburgh, EH10 4BY
0131 447 8549

Tollcross Shop
Marty Walsh
43 Home Street
Edinburgh, EH3 9JP
0131 221 9124

www.shelterscotland.org.uk

Civil Rights Opportunities

Consumer Focus Scotland

Consumer Focus tackles the issues that matter to consumers, and aims to give people a stronger voice. They work with consumers, and with a range of organisations to champion creative solutions that make a difference to consumers' lives. This is an opportunity to tell them what you think about a range of issues including energy prices, health, water, broadband and postal services. You can get involved in a wide variety of activities such as taking part in surveys/questionnaires on specific subjects or testing out local services and facilities.

Minimum age 16

Contact details:

Gill MacGregor

Consumer Focus Scotland, Consumer Network, Royal Exchange House, 100 Queen Street

Glasgow, G1 3DN

0141 227 8432

gill.macgregor@consumerfocus.org.uk

www.consumerfocus.org.uk/scotland/

Scottish Youth Parliament (SYP)

The SYP is an organisation led by young people, for young people. It provides the opportunity for young people aged 14-25 to put forward their views and opinions on things which affect them, and seeks to influence decision-makers. They are always looking for volunteers to help with campaigning and fundraising, as well as potential MSYPs (Members of Scottish Youth Parliament).

Ages 14 – 25 only

Contact details:

Hamira Khan

Scottish Youth Parliament, Roseberry House, 9 Haymarket Terrace, Edinburgh, EH12 5EZ

0131 557 0452

hamira.k@syp.org.uk

www.syp.org.uk

Conservation/Gardening Opportunities

BTCV

BTCV has a vision for a better environment where people are valued, included and involved. Volunteers can take part in a variety of conservation projects, such as maintaining footpaths in local parks, creating a wildlife garden in a woodland area or tree planting to improve the look of a local area. Training is given while working at a project, and will be related to the sorts of work that needs done.

Minimum age:15

Contact details:

Chris Peach

BTCV Edinburgh Office, 12a Dumbryden Road

Edinburgh, EH14 2AB

0131 442 4930

Edinburgh@btcv.org.uk

www.btcv.org.uk

The Green Team

The Green Team is a youth organisation which promotes active learning through enjoyment in the outdoors. They carry out environmental projects centred on a conservation task. One day and residential programmes are available. A fee may need to be paid by volunteers to cover running costs. The Sunday programme is £10 per person; residential weekends are £25 per person.

Ages: 14 – 25 only

Contact details

Penny Radway

Room 7, New Parliament House

Edinburgh, EH7 5BL

0131 558 9571

info@greenteam.org.uk

www.greenteam.org.uk

Keep Scotland Beautiful

Keep Scotland Beautiful has been active in Scotland for over 40 years. They work on clearing up litter and campaigning for a clean and tidy Scotland. Two volunteering campaigns are available with Keep Scotland Beautiful. The first is the "National spring clean campaign". You can ask your school or social club to register themselves to take part of the campaign, and then co-ordinate the cleaning and conservation work that might need done in your school or club. The other campaign is called "It's Your Neighbourhood" which supports local community groups in cleaning up and replanting in their immediate local environment. There are more than 1,000 groups registered for the scheme, to find one close to you please check the website.

No minimum age provided adult supervision is given for under 16s.

Contact details:

Helen Darvill

Keep Scotland Beautiful, Wallace House, 17-21 Maxwell Place

Stirling, FK8 1JU

Helen.Darvill@ksbscotland.org.uk

www.keepsotlandbeautiful.org

Drugs/Alcohol Issues Opportunities

Fast Forward

Fast Forward is a volunteer supported charity that exists to give young people better skills, education and support to live healthier lives through understanding the facts surrounding drugs, alcohol and tobacco. Peer educator volunteers teach other young people learn to make these informed health choices. The peer educators are provided with training and volunteering opportunities working with a wide range of young people.

Minimum age:16

Contact details:

Ailsa Scott

Fast Forward, 4 Bernard Street

Edinburgh, EH6 6PP

0131 554 4300

ailsa@fastforward.org.uk

www.fastforward.org.uk

Mentor Scotland

Mentor Scotland believes that prevention is better than cure and focuses its efforts on promoting the health and wellbeing of children and young people, with an aim to reduce the damage that drugs can do to people's lives. Mentor Scotland recruits Peer Educators. The Peer Educators help educate other young people about alcohol and this helps change young people's attitudes to drink. Peer Educators also provide a good role model for young people.

Minimum age 14

Contact details:

Gez Lawson

Mentor Scotland, c/o Circle, 18 West Pilton Park

Edinburgh, EH4 4EJ

0131 552 8660

gez.james@mentoruk.org

www.mentoruk.org.uk

Elderly Work Opportunities

The Open Door

The Open Door provides a focus for older people who live in Morningside. They provide: caring support for older people; a friendly meeting place for those who are isolated or lonely; rehabilitation opportunities for people experiencing mental health problems; support for families and friends who care for people with dementia; and information about other services. Volunteers can help with the running of the Open Door Café by serving food and preparing meals or by socialising with the elderly.

Minimum age 14

Contact details:

Sally McGinley

The Open Door, 420 Morningside Road

Edinburgh, EH10 5HY

0131 447 9757

theopendoor@morningside.org.uk

www.morningside.org.uk/opendoor

Pilton Equalities Project

The Pilton Equalities Project aims to enhance the quality of life for older people in North Edinburgh by continuing to develop services that reduce isolation, which is a problem for many elderly people. The Pilton Equalities Project helps the elderly and other vulnerable and isolated adults to actively participate in community life. Volunteers can help with gathering shopping for old people, and socialising with the elderly at the Project Centre. You could also become a Home Care Assistant, which would involve visiting old people in their home and help with their housework for a few hours each week.

Minimum age 16

Contact details

Iain Nicholson
PEP Centre, 3 West Pilton Park
Edinburgh, EH4 4EL
0131 315 4466
iainpepequalities@hotmail.com
www.pepelderly.org

WRVS

WRVS exists to help people maintain their dignity and independence in their homes and communities, especially in later life. Volunteers can help older people with their weekly shopping, help run the meals on wheels service where food is provided to the elderly in their own homes or help out with community services which involve the elderly such as helping the elderly at social clubs or visiting the elderly in their own homes. Please ask the Volunteer Centre Edinburgh for the most current contact information for WRVS. Be advised that it may take some time to process your application, so apply well in advance of your preferred start date.

Minimum age 14

Contact details:

Volunteer Centre Edinburgh, 45 Queensferry Street Lane
Edinburgh, EH2 4PF
0131 225 0630
admin@volunteeredinburgh.org.uk

Homelessness Opportunities

The Grassmarket Community Project

The Grassmarket Community Project provides several opportunities for individuals to help those who are homeless or at the risk of becoming homeless. Volunteers can get involved with the cooking classes and drop in meals which are provided for homeless people. There are woodwork workshops where old church pews are changed into modern pieces of furniture. The most recent volunteer project is involved with the restoration of a herbs garden in Greyfriars Church, with the hope that the herbs from this project will eventually be used in the cooking classes and also sold to the public to help fund the overall project. Volunteering opportunities may become available from February 2012.

Minimum age 16

Contact details:

Sue Cairns

Grassmarket Community Project, 86 Candlemaker Row

Edinburgh, EH1 2QA

0131 225 3626

sue@grassmarketcommunityproject.co.uk /

www.grassmarketcommunityproject.co.uk

Move On

Move On is a Scottish charity that works to support people who are affected by homelessness and aims to prevent homelessness, especially among vulnerable groups who are more at risk. Move On is looking for young enthusiastic volunteers who may have experienced homelessness themselves or been in care. These volunteers will be trained to be Peer educators and visit schools and youth groups in order to share their experiences and inform other young people about housing issues. It is a good opportunity to meet new people and try new things.

Minimum age 16

Contact details:

Pamela Paton

Move On, Greenside House, 2f1 / 25 Greenside Place

Edinburgh, EH1 3AA

0131 558 3740

Pamela@moveon.org.uk

www.moveon.org.uk

Scottish Churches Housing Action

The Scottish Churches Housing Action is the national body bringing the churches together in working to defeat homelessness. They support local groups doing practical work to help homeless people, and link this in with work at a national level to identify and remove the causes of homelessness. Volunteers can help contribute to this mission by assisting with fundraising and campaigning.

Minimum age 16

Contact details:

Alastair Cameron

Scottish Churches Housing Action, 28 Albany Street

Edinburgh, EH1 3QH

0131 477 4500

alastair@churches-housing.org / www.churches-housing.org

Museums/Galleries/Heritage Opportunities

St Giles Cathedral

St Giles' Cathedral volunteer guides aim to: provide their visitors with a warm, welcoming atmosphere; offer a high quality visitor experience which is enjoyable, meaningful and memorable; enable, encourage and assist visitors to explore their fascinating history, architecture and spiritual heritage, whatever their interests, beliefs and levels of knowledge.

No minimum age although spaces for under 18s may be limited.

Contact details:

Veronika Kallus

St Giles Cathedral, Royal Mile

Edinburgh, EH1 1RE

0131 225 9442

info@stgilescathedral.org.uk

www.stgilescathedral.org.uk

Sport Opportunities

Active Schools

Active Schools aims to make more school pupils more active more often in sports activities. Every school in the Council of Edinburgh has an active schools co-ordinator who can advise you on the sort of activities you could get involved with in your school. Some of the activities you might be able to help with at school are; after school clubs, community sports clubs, the active playgrounds scheme, cycle training or golf training.

No set minimum age

Contact details

Every school in the City of Edinburgh has an Active School Co-ordinator, so talk to your Physical Education teacher to find out more.

Hermitage Golf Centre

The Hermitage Golf Centre provide those within the autism spectrum a chance to participate in sports activities which otherwise would be difficult for these people to engage with. Being involved in an activity such as golf can help with the development of a person with autism, and help them integrate with their local community and build key social skills. As well as helping with those with autism around the golf course; there are volunteer opportunities to help with the horticultural work on the Golf course itself, and also with the drama studio in the club house for those with theatrical or musical interests.

Minimum age 16

Contact details:

Danielle Trudeau

Hermitage Golf Course and Education Centre, 11 Braid Hills Drive

Edinburgh, EH10 6GZ

0131 447 5700

clubhouse@hermitagegolfclub.co.uk

www.hermitagescotland.co.uk

Kids in the Street (K.I.T.S.)

The aim of K.I.T.S. is to bring sport to young people in Craigmillar, Niddrie, Bingham and the surrounding areas. They provide mobile sports facility which can be taken to local areas and set up on any piece of flat land. The facility can be used for football, badminton, hockey and other sports. K.I.T.S. seeks dedicated, healthy and easy going volunteers to assist in the assembly of the mobile sports pitch provide coaching to local youths, and most importantly to join in and have fun.

Minimum age 14

Contact details:

Kevin Finlay

Kids in the Street, 86 Niddrie Mains Road

Edinburgh, EH16 4DT

0131 529 3546 / 0131 657 0500

Kevin@kidsinthestreet.org

Scottish Football Association

It is widely recognised that volunteers are the backbone of Scottish football. Without them football would simply not survive. The Scottish FA is working in partnership with the Scottish Government, funded through the 'Cash Back for Communities' initiative, to provide new opportunities for young people to get involved in football. If you think volunteering is for you then why don't you join the growing number of volunteers helping to develop the game at grassroots level. In the main there are two different avenues in which you can volunteer. The first option would be to volunteer at a local Boys/Girls club. The other option would be to work on one of our Scottish FA Community Programmes that are lead by our local Football Development Officers. These programmes run both during and after school, at evenings and at weekends. It would be the responsibility of the volunteer to ensure that they can make it to the venue in time for the start of the session.

Minimum age 16

Contact details:

Chris Smith

Scottish Football Association, 42 Peffermill Road

Edinburgh, EH16 5LL

0131 667 8245 / 07841569806

chris.smith@scottishfa.co.uk

www.scottishfa.co.uk

Youth Football Scotland (YFS)

Youth Football Scotland aim to provide comprehensive coverage of the nation's youth football scene on a massive scale. This is only possible through the enthusiastic work of our reporting teams. As a YFS reporter you will provide up to date match reports and coverage from tournaments in your local area. You also have freedom to research, write and publish feature articles on any given subject in youth football; innovations in tactics, training or local football initiatives.

Minimum age 15

Contact details:

Jason Richardson

YFS, Caledonia House, 1 Redheughs Rigg

Edinburgh, EH12 9DQ

0131 629 7903

jrichardson@youthfootballscotland.co.uk

www.youthfootballscotland.co.uk

Team Opportunities

Team Volunteering

You don't have to volunteer as an individual you can also do it as team. So why not get your friends or your school class together and get involved as a group! The Volunteer Centre Edinburgh has contact with organisations offering team volunteering opportunities.

Contact detail:

Volunteer Centre Edinburgh, 45 Queensferry Street Lane, Edinburgh, EH2

4PF

0131 225 0630

accelerate@volunteeredinburgh.org.uk

www.volunteeredinburgh.org.uk

Technical Opportunities

Pass IT On

Pass IT On acquires donated computer equipment and adapts it for use by people with disabilities in the Edinburgh (EH) postcode area. Once a computer is customised to suit the individual's personal needs it is given to the client at cost price - usually free. Duties for volunteers include adapting computer equipment for use by the disabled and general office work.

Minimum age 16

Contact details:

Sandy Kerr

Pass IT On, 14 Wardie Avenue

Edinburgh, EH5 2AB

0131 476 1645

admin@passitoncomputers.co.uk

www.passitoncomputers.co.uk

Third Age Computer Fun

Third Age Computer Fun aim to improve the computer skills of those over 50 and help beginners learn what is available to them through the provision of weekly computer. Volunteers can sit in with learners and help them navigate basic computer tasks such as; emailing, internet browsing, digital photography and accessing Facebook. A club leader will work alongside the volunteer, and together they will help the computer beginner to learn new skills.

Minimum age 14

Contact details:

'Mamie' Mary McDonald

15/2 West Bryson Road

Edinburgh, EH11 1EH

0131 346 1179

info@thirdagecf.org.uk

www.thirdagecf.org.uk

Women's Groups Opportunities

Best Buddies

Best Buddies trains local women, so they can support new mothers to breastfeed. Under 16s are welcome, provided they are mothers and have experience of breastfeeding. Volunteers would work with mothers of similar ages to themselves.

No minimum age providing the volunteer is a mother.

Contact details:

Dorothy Ann Timoney

Best Buddies, Pennywell Resource Centre, 31-33 Pennywell Road,

Edinburgh, EH4 4PJ

0131 537 4262

Dorothy-Ann.Timoney@lpct.scot.nhs.uk

YMCA Edinburgh

The YMCA enables young women to develop their full potential in mind, body and spirit and to participate at all levels of society world-wide. They are unique in being part of a national and international organisation which delivers services locally, with a single gender focus, mainly in disadvantaged communities. YMCA values social justice and inclusion, equality of opportunity, openness, and respect for self and others. Volunteers can develop skills, increase confidence and make a real difference in communities. Volunteers can get involved in helping with specific groups and activities at their centres.

Minimum age 16

Contact details:

Edinburgh YMCA

Gill Webb

1 Junction Place

Edinburgh, EH6 5JA

0131 553 7877

admin.leithymca@btconnect.com

www.ywcasotland.org

Young People Opportunities

Duke of Edinburgh's Awards

The Duke of Edinburgh's Awards scheme are looking for enthusiastic, motivated volunteers who are interested in mentoring new Duke of Edinburgh's Award participants. There are also other positions available with Duke of Edinburgh's award scheme such as supporting in administrative roles which result in the delivery of the Duke of Edinburgh award. The Duke of Edinburgh's Award is for young people aged 14-25 in the Edinburgh area. They run groups of Award participants in schools, clubs and colleges by using volunteers.

Minimum age 16

Contact details:

Kirsteen Scott

Duke of Edinburgh's Award, 69 Dublin Street

Edinburgh, EH3 6NS

0131 551 4370 / 0131 343 0920

kirsteen.scott@edinburgh.gov.uk

www.theaward.org/scotland

Granton Youth Centre

GYC aims to increase the confidence and self esteem of young people aged 16-25 living within the North Edinburgh area. They train a team of volunteer peer educators who communicate their ideas and advice with other young people. The volunteers gain peer leadership and other skills through training.

Ages 16 – 25 only

Contact details:

Jane McColl

3-11 West Granton Road

Edinburgh, EH5 1HG

0131 467 5854

jane@grantonyouth.com

www.grantonyouth.com

The Ripple Project

The Ripple project pairs young people between the ages of 14 and 19 with vulnerable primary school children. This allows children to meet with a friendly face and a good role model. Children are referred to the project if they have issues with school learning, social situations, bullying or other difficulties. Full support is offered to volunteers from experienced staff.

Minimum age 14

Contact details:

Tara Mirza

The Ripple Project, 198 Restalrig Road South

Edinburgh, EH7 6DZ

0131 554 0422

ripplebuddies@btconnect.com

Not in employment, education or training?

Project Scotland

You could try Project Scotland, a national charity which aims to help young people realise their potential through volunteering in full time positions. The volunteering placements at Project Scotland aim to change the lives and aspirations of young people, and give a boost to the capacity of the voluntary sector and the communities in which they volunteer. They offer volunteering opportunities in a wide range of areas such as the environment, education, youth projects, sports and the arts. Placements are full time, normally lasting 30 hours a week and these placements typically run for a period between 3 and 6 months.

Minimum age 16

Contact details:

Jessica Smith

Project Scotland, 49 Melville Street

Edinburgh, EH3 7HL

0845 841 6225 / 0131 220 9517

info@projectscotland.co.uk

www.projectscotland.co.uk